

Overton Public School
P.O. Box 310, 401 7th St.
Overton, NE 68863-0310



Mark A. Aten, *Superintendent*
Brian Fleischman, *Principal*
Jody Skallberg, *Counselor*
Aaron McCoy, *Act. Director*

Phone (308) 987-2424

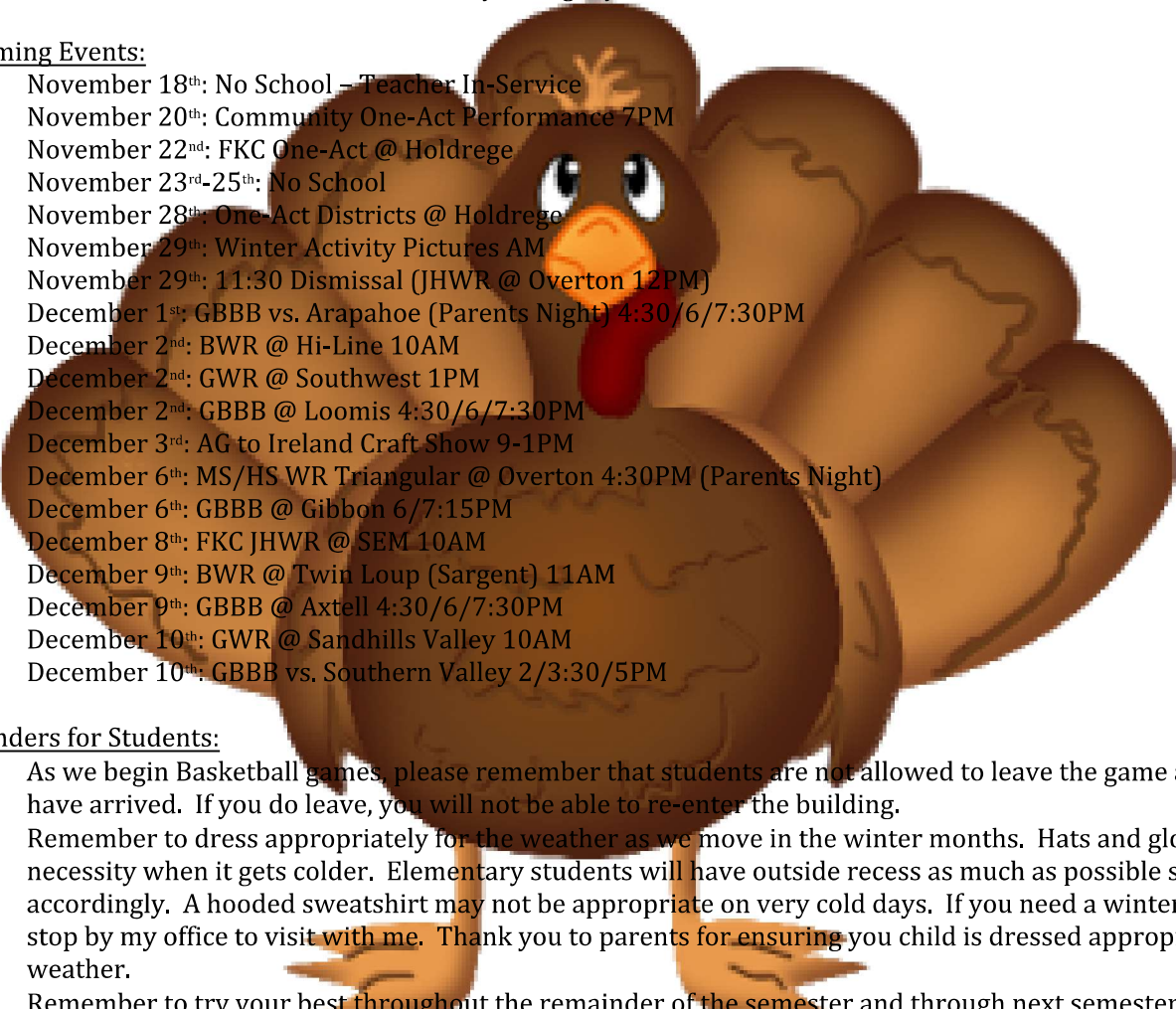
Fax (308) 987-2349

www.overtoneagles.org

Happy Thanksgiving from the Principal's Office

Where in the world did this semester go? It is November and I'm wondering what happened to September & October! Turkeys are being made in the elementary classes and it seemed like they were just coloring 1st Day of School pictures. Congratulations to the Volleyball team on their Runner-Up finish at the State Tournament. Good Luck to the Basketball teams and Wrestlers as you begin your seasons.

Upcoming Events:

A large, cartoon-style illustration of a brown turkey with a red wattle and a large, fanned tail. The turkey is positioned in the center of the page, partially overlapping the 'Upcoming Events' list.

November 18th: No School – Teacher In-Service
November 20th: Community One-Act Performance 7PM
November 22nd: FKC One-Act @ Holdrege
November 23rd-25th: No School
November 28th: One-Act Districts @ Holdrege
November 29th: Winter Activity Pictures AM
November 29th: 11:30 Dismissal (JHWR @ Overton 12PM)
December 1st: GBBB vs. Arapahoe (Parents Night) 4:30/6/7:30PM
December 2nd: BWR @ Hi-Line 10AM
December 2nd: GWR @ Southwest 1PM
December 2nd: GBBB @ Loomis 4:30/6/7:30PM
December 3rd: AG to Ireland Craft Show 9-1PM
December 6th: MS/HS WR Triangular @ Overton 4:30PM (Parents Night)
December 6th: GBBB @ Gibbon 6/7:15PM
December 8th: FKC JHWR @ SEM 10AM
December 9th: BWR @ Twin Loup (Sargent) 11AM
December 9th: GBBB @ Axtell 4:30/6/7:30PM
December 10th: GWR @ Sandhills Valley 10AM
December 10th: GBBB vs. Southern Valley 2/3:30/5PM

Reminders for Students:

- As we begin Basketball games, please remember that students are not allowed to leave the game after you have arrived. If you do leave, you will not be able to re-enter the building.
- Remember to dress appropriately for the weather as we move in the winter months. Hats and gloves are a necessity when it gets colder. Elementary students will have outside recess as much as possible so dress accordingly. A hooded sweatshirt may not be appropriate on very cold days. If you need a winter coat, please stop by my office to visit with me. Thank you to parents for ensuring your child is dressed appropriately for the weather.
- Remember to try your best throughout the remainder of the semester and through next semester. Success does not happen by accident. Success is intentional.
- Semester tests are Tuesday, December 20th & Wednesday, December 21st. Both of these days are 2:30 Dismissals and the 21st is the last day of 1st Semester.

Educationally yours,

A handwritten signature in black ink, appearing to read 'Brian Fleischman'.

Mr. Brian Fleischman, Principal
308-987-2424 x206

brian.fleischman@overtoneagles.org

Veteran's Day

Friday, November 11th, Overton Public School hosted a Veterans Day Recognition Program to honor our local Veterans. The Overton National Honor Society lead the program, the Overton Band played and the Overton elementary music students provided special music. Overton Public School is grateful to be able to host Veterans and their spouses for coffee and cinnamon rolls beforehand. Thank you to our special guests on Veterans Day. Thank you for your service, your sacrifices, and your support.





Thanksgiving Dinner

Monday November 14th we held our annual Thanksgiving Dinner and our Senior Citizen Thanksgiving Dinner. With over 30 guests for dinner it was so good to have so many generations of our community together under one roof!

Thank you to the Kindergarten and 1st Grade classes for entertaining everyone in their Pilgrim and Native American head gear and parade.

Thank you to the Student Council for helping out also.

And a giant THANK YOU to everyone in the kitchen for everything they do to make sure everyone is fed every day of school!



FEELING
Lucky?



Split-the-Pot

Dec. 6th @ 6pm

(Wresting Triad)

Don't need to be present to win!

See Mrs. Loudon for tickets

Proceeds Benefit
the Ireland Trip

1 Ticket - \$1

6 Tickets - \$5

YOU ARE INVITED TO SHOP

Noelag Market

DECEMBER 3RD

9AM - 1PM

OVERTON OLD GYM

Free entry

SCENTSY, AVON, MARY KAY, COUNTRY
NEST, ELAINES, HB DESIGNS, AND
MANY CRAFTED ITEMS!

CONCESSIONS AVAILABLE TO
SUPPORT THE OVERTON
IRELAND TRIP

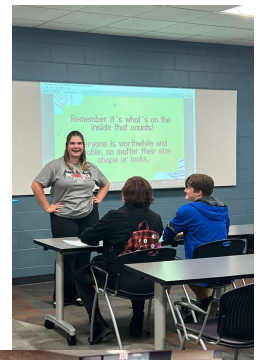
FCCLA News

District Leadership Conference

Overton FCCLA attended the District 10 Leadership Conference on October 19th in North Platte. While at the conference Jaelynn Roberts served as the District 10 Public Relations officer and Alexz Rodriguez presented a session on having a positive self-image. Overton FCCLA was also able to volunteer at the Connection homeless shelter by preparing a meal and helping clean at the thrift store. Thank you to Amy Barnes for helping us with our Bucket Contest entry, driving us to the conference and helping with the meal prep. Also thanks for Darcy Smith for coming along to help supervise.



Overton FCCLA also came away with several awards including:
1st Place Creed Speaking- Tenleigh Roberts
1st Place Elevator Speech- Alexz Rodriguez
1st Place Poster- designed by Jorja Raastad
1st Place Bucket Auction design
3rd Place Infomercial- created by Jada Araujo, Monica Sarratt, Alexz Rodriguez, Jorja Raastad and Peyton Eby.



Harvest of Harmony



While the Overton Band is small band, coming in at only nine students, we made quite the sound this year at the Harvest of Harmony parade. The judges must have thought the same, as we scored nearly 20 points higher than in years previous. Quite the improvement for only a month and a half of work!

The marching season actually started out a little rough, as I tried to teach my band students a harder parade piece than they were used to. Sensing that they were becoming frustrated, at the end of August I switched our music from "Celebration" to "R.O.C.K. in the USA," to the great relief of all my players.

After that, our focus was on playing musically and marching effectively. We practiced everyone playing loudly (but still with a good tone) and paying attention to the "dynamics" of the music, which means how loud or soft to play.

In terms of marching, we practiced having snappy movements for the "horns up" and "horns down" commands, making sure we were executing proper "roll steps" and keeping our instruments in a commanding posture. Put all of these things together, and you have a good looking marching band!

With the amount of progress we made this year, I'm confident we will be even better at the next Harvest of Harmony. I hope that you will come to support us next October!

FCCLA News



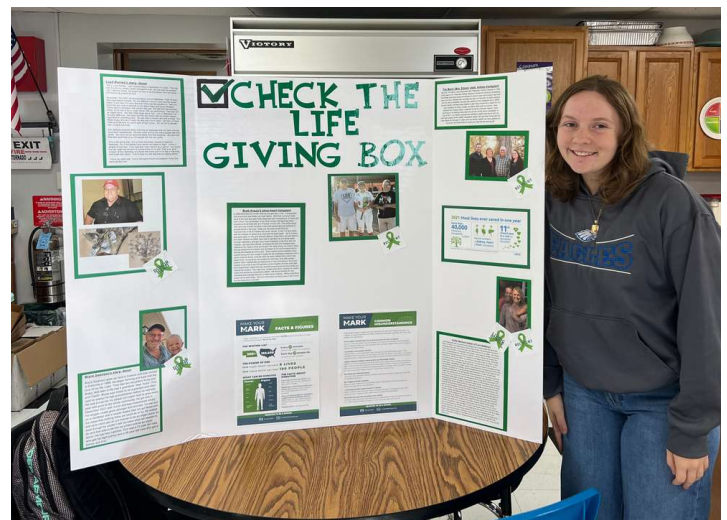
For her project this year, Jaelynn Roberts is leading the chapter in making fleece blankets for children who are part of Dawson County CASA. She will be donating these blankets just in time for Christmas.

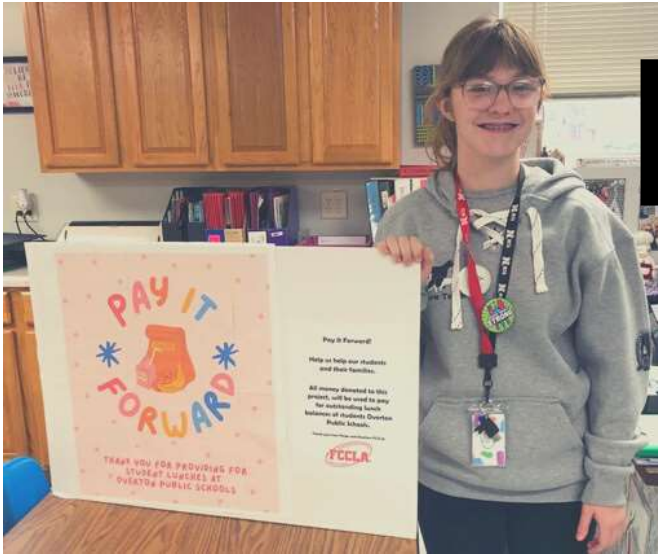


Check the Life Saving Box

Are you an organ donor?
Jada Araujo is asking you to check the box on your drivers license or sign up on the National Donor Registry. Check out her display during sporting events this winter and read stories of community members and their relatives who are donor heroes and recipients. Thank you to those who have shared their story with us already!

Visit <https://liveonnebraska.org/register/> to sign up!





PAY IT FORWARD

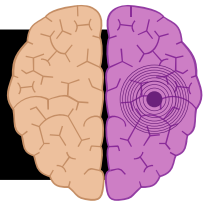


During the pandemic, federal aid made school lunches free to all kids, regardless of household income. However, the aid ended in June 2022, putting kids back at risk for having inadequate funds to pay for school meals.

Perhaps their parents failed to fill out the free/reduced paperwork or maybe they barely missed the income cutoff. Lunch for a middle/high school student is \$4/day, \$20 a week, \$80/mo. Multiply that times several kids in a household, and that can add up quickly for families already spending too much at the grocery store. If you want to help make sure every kid gets to eat lunch daily, visit with Paige Walahoski and “Pay It Forward”! Paige will give all donations to school authorities and the money will be deposited into lunch accounts of students in need. Contact Mrs. Ehlers or catch Paige at upcoming basketball games to donate to this cause!



EDUCATION ON EPILEPSY



Tenleigh Roberts recently taught the 3rd grade class about what epilepsy is, how someone gets epilepsy, symptoms and what to do if someone around you has a seizure. The class also completed a brain maze and helped create a display by coloring pictures of the brain. She was inspired to do this project because her little brother, who is a 3rd grader, has epilepsy and she wanted to educate his class. Thank you to Ms. Bergman and the 3rd grade class for being such a great audience!





Pink Out 2022

Peyton Eby led the 2022 Pink Out and was able to raise \$150 which was donated to the DC Cancer Cares organization during Give Big Overton. Thank you to everyone who wore pink and supported our Pink Out!



Trunk or Treat



FCS Class

The freshman FCS class has been learning about different fibers and textiles. They researched different types of fibers and the fabrics they can be made into, what the best uses for those fabrics are and why. They then conducted experiments on different types of fibers to test for strength, absorption, stain resistance and flammability. At the end of the experiments they had to determine which fiber the 'mystery fabric' was made from.



4th Grade

A favorite time of day in 4th grade is after lunch when Mrs. Eilers reads aloud great chapter books. We recently finished Because of Winn-Dixie by Kate DiCamillo. This novel "is an engaging and sweet story about how a new dog helped a lonely, 10-year-old girl make friends in her new small town, build a stronger bond with her distant father, and learn to let go of the hurt she feels over her mother's abandonment."

The book includes a "mistake tree" with the lesson that mistakes do not define us. The fourth graders made their own version of that tree. The culminating event in the story is a party with all of the friends. We held our own party with the same treats and theme (egg salad sandwiches cut in triangles, "Dump" punch, pickles, Littmus lozenges (special candy made by Mrs. Eilers), and dog pictures. Then, of course, we had to watch the movie!





**Date: November 7th, 2022
For Immediate Release**

**NSAA Contact: Ashton Honor
Phone: 402-489-0386**

2021-2022 NFHS NSAA State Coaches of the Year Announced

The National Federation of State High School Associations (NFHS) and the Nebraska School Activities Association (NSAA) are pleased to announce the 2021-2022 NFHS NSAA State Coaches of the Year.

Evan Bohnet, South Sioux City – Girls Wrestling
Kelly Cooksley, Broken Bow – Girls Golf
Brian Fleischman, Overton – Boys Golf
Steve Frey, Millard West – Baseball
Joe Hesse, Humphrey/Lindsay Holy Family – Boys Basketball
Jon Holtz, Elkhorn – Boys Tennis
Chace Hutchinson, Gretna – Girls Soccer
Sam Jilka, Lexington – Boys Cross Country
Josh Johnson, Wayne – Girls Bowling
Lance Kush, Elkhorn North – Girls Tennis
Paul Lee, Grand Island – Boys Bowling
Joel Lemus-Leon, Lexington – Boys Soccer
Matt McKay, Sidney – Boys Track & Field
Ryan Mraz, Sutherland – Boys Wrestling
Ross Mueller, Lincoln Southwest – Swimming & Diving
Melinda Nielsen, Ogallala – Unified Sports, Bowling
Kevin Schrad, Lincoln Southwest – Girls Track & Field
Mike Spiers, Howells-Dodge – Football
David Stallings, Millard South – Unified Sports, Track & Field
Aaron Sterup, North Bend Central – Girls Basketball
Mark Watt, Lincoln Southwest – Softball
Donna Wiedeburg, Sidney – Girls Cross Country
Sue Ziegler, Lincoln Lutheran – Volleyball

These coaches will be honored during halftime of the Class A Girls State Basketball Semifinal game on Friday, March 3rd, 2023 at Pinnacle Bank Arena in Lincoln.



senior day



Class of 2023



Thanks GIVING

OVERTON PRE-KINDERGARTEN
AND PRESCHOOL ARE GRATEFUL
TO THE LASSEN FAMILY, MARTIN
PRODUCE, AND THE BRUNTZ
FAMILY FOR PROVIDING
PUMPKINS AFTER THE PUMPKIN
PATCH AND FOR PUMPKIN
PROJECTS.





Lil' Linnerns Pumpkin Patch

With the help of parent volunteers, Overton's Pre-K and preschool programs traveled by bus to Beaver City. They enjoyed the wide range of activities that were available to them!



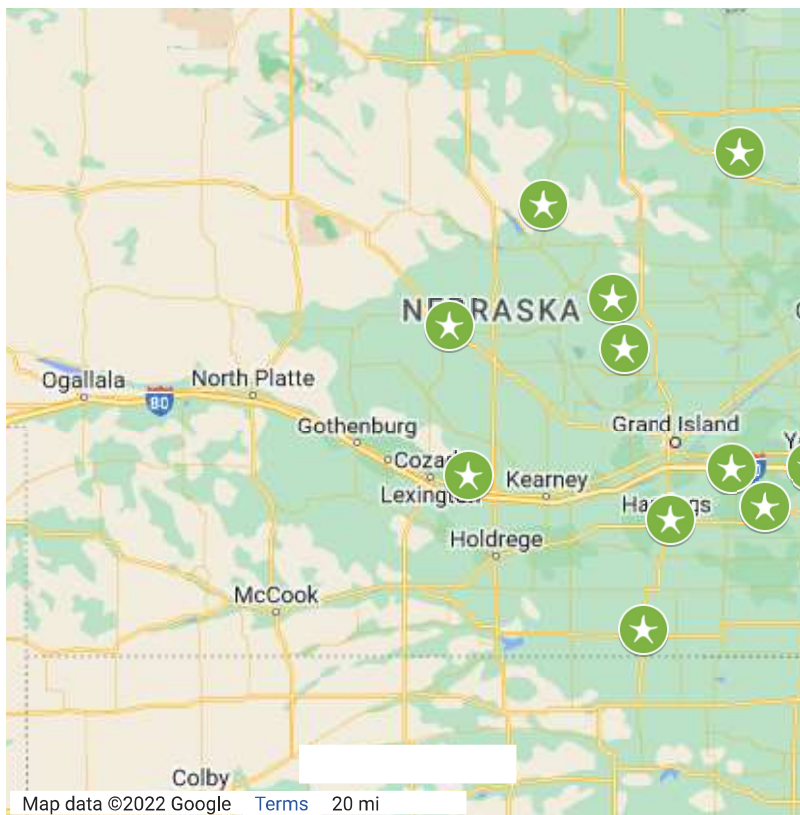
Nebraska Crunch Off



Thank you to all who participated in the 2022 Nebraska Crunch Off! Almost 70,000 students, community members, and teachers crunched into Nebraska-grown products and celebrated local food and farm to school programs throughout Nebraska. Stay tuned for more Crunch Off information coming soon!

Crunch Nebraska 2022 ☆

This map was made with Google My Map



NATIONAL APPLE CRUNCH DAY





Fourth Grade Apple Crunch!







NFHS & NSAA Launch #BenchBadBehavior Campaign

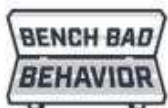
Fans:

ENOUGH IS ENOUGH!

Bad behavior at high school athletic events has gotten OUT OF CONTROL. Are YOU part of the problem? Always be respectful, encouraging and positive. Let's come together to #BenchBadBehavior for good!

BenchBadBehavior.com

The poster features a yellow top and bottom border. The central text is white on a dark red background. The word 'Fans:' is in a yellow box. The main message is in large, bold, white letters. The bottom of the poster has a yellow bar with the website URL.



Overton Eagle fans we can do our part to impart sportsmanship back into high school athletic events. Yelling, screaming, and/or cursing at officials or opposing teams has no place in high school athletics and is a very large reason for the lack of officials in our state. Disagreeing with an official's call is one thing but when the disagreeing turns into screaming and berating the individual we have crossed a very dark line. We can and need to do our part in this effort. Thank you for your attention and efforts to support the #BenchBadBehavior campaign. Go Eagles!

HAIL VARSITY

HAIL TO THE BLUE!

WE'RE LOYAL AND TRUE.

EAGLES, LET'S FIGHT AND WIN.

CHEERS FOR A VICTORY.

SO BLACK WHITE AND BLUE,

E'VRY HEART WILL BEAT TRUE

FOR THE EAGLES OF OVERTON,

BLACK, WHITE, AND BLUE!



Helping Children Learn[®]

Tips Families Can Use to Help Children Do Better in School

Title I-Educational Service Unit 10



December 2022

Emphasize that your child has the ability to learn and get smarter

It's likely your child will find learning some concepts or subjects more challenging than others—most students do. Your child's response to a learning challenge will affect the outcome.

Help your child develop what researchers call a *growth mindset*. This means that students believe that even if they don't understand something now, they will be able to learn it and get smarter if they keep trying. When a concept is confusing, these kids don't say, "I'm not a science (or math, or grammar) person" and quit. Instead they say, "This is a challenge and I can do challenging things!"



To help your elementary schooler develop this outlook:

- **Be a role model.** Your example influences your child's mindset.
- **Explain that there are no limits** to how smart your child can become. The brain is like a muscle that can get stronger.
- **Encourage your child to brainstorm** more strategies to try if something isn't working. These might include rereading the instructions, looking for an explanatory video online, asking the teacher for help, etc.
- **Praise your child's effort.** "That was a challenge, but you kept trying things until you got it! And now you'll know how to do it next time."

Source: C. Cornwall, "How to Instill a 'Growth Mindset' in Kids, U.S. News.



Encourage feelings of gratitude with a writing project

Research suggests that feelings of gratitude are linked to increased happiness and school satisfaction.

Help your elementary schooler think about gratitude with a writing project. On a relaxed afternoon, give your child a sheet of paper. Ask your student to:

- **Think of things** that make life better, or that your child would not like to do without.
- **Write one thing** at the top of a sheet of paper. Your child might write: "I am grateful for my dog."

- **List reasons** for feeling grateful for it. For example, your child may enjoy having the dog for company at night. Or love being greeted by the dog's wagging tail on arriving home from school.

• **Illustrate the ideas** on the list. Repeat this activity once a month—gratitude is not just for one day!

Source: S. Allen, Ph.D., "The Science of Gratitude," Greater Good Science Center, UC Berkeley.

Practice math vocabulary

Mastering math involves learning math words (*quotient*, *product*, etc.) as well as numbers and formulas. To build your child's math vocabulary:

- **Play Math Concentration.** Write a math term on an index card. Write its definition on another card. Repeat with several terms. Mix the cards and place them face down. Take turns turning over two cards to try and make a match.
- **Combine words and pictures.** Your child could write the word *circumference* around the edge of a circle.
- **Make connections.** Many terms share a common root. Talk about how there are 100 *cents* in a dollar, 100 years in a *century*, and 100 *centimeters* in a meter.

Give your child your time

One of the best ways to influence your child's behavior is simple: Spend time together. The more low-key moments you share, the more time you'll have to talk about your values and model positive behavior. This month, take a few minutes to:



- **Admire** a colorful display together.
- **Have** your child help you fix something.
- **Watch** people as you take a walk.

Avoid a learning freeze

The winter vacation is a break from school routines. But learning can continue anywhere, anytime. To encourage it over break:



- **Brainstorm ways** your family can help the less fortunate.
- **Have your child interview** older family members about the past.
- **Read a book together** that was made into a movie. Then watch the movie. Talk about the similarities and differences.



What should I do about a bad attitude toward school?

Q: My child has been complaining about school. I've heard "I hate it" more than once. I'm not sure how seriously to take this. How should I respond?

A: Sometimes, kids say they hate school when they are really looking for attention or a chance to vent or put off doing work. The feeling is temporary, and they don't actually hate school. However, since your child has said this more than once, it's important to figure out why.

Here are five steps to take:

- 1. Choose a time** when you and your child are both calm to start a conversation. "You've said you hate school a couple of times. What's making you feel that way?"
- 2. Listen closely** to your child's answers. Don't try to change them. Ask follow-up questions if your child can't identify the problem. Is a subject very challenging? Are kids being mean on the bus?
- 3. Help your child think of possible actions to take.** For example, if math is a struggle, your child could spend more time studying it each day and write down questions to ask the teacher.
- 4. Remind your child** that nearly every situation has positives and negatives. Ask what your child likes about school.
- 5. Talk to your child's teacher.** Explain how your child is feeling and ask for suggestions and support. Plan to follow up to see what's working.



Are you teaching time management?

It takes time for students to develop the time management skills that support success in school and life. Elementary schoolers are the right age to start! Are you helping your child learn to use time wisely? Answer *yes* or *no* below:

- 1. Do you help** your child create study schedules and adjust them as necessary?
- 2. Do you show** your child how to use a calendar to keep track of due dates and commitments?
- 3. Do you maintain** a balance in your child's schedule? Kids need time for exercise, sleep, and family time.
- 4. Do you encourage** your child to get an early start on long-term projects, and break them down into small pieces?

- 5. Do you have** your child time how long tasks take?

How well are you doing?

More yes answers mean you are demonstrating techniques for making the most of time. For each no, try that idea.

"A plan is what, a schedule is when. It takes both a plan and a schedule to get things done."

—Peter Turla

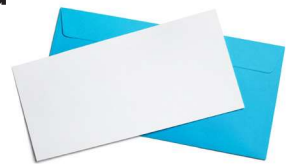
Set learning goals for 2023

What areas would your child like to improve in during the second half of the year? What can your student do to make that happen? Help your child establish some specific, realistic, measurable goals. Then, be supportive. If your child slips up, say "Falling short once doesn't mean you can't get back on track."

Offer fun ways to read

Students strengthen their reading skills when they read often. Encourage frequent reading with enjoyable reading activities. You can:

- **Follow current events.** Is there a developing news story that interests your child? Read the latest reports together.
- **Sign your child up for a pen pal.** Ask a teacher or librarian how to get involved.
- **Listen to audiobooks.** Have your child follow along in a printed book while listening.
- **Give reading coupons.** Some might be for 30 minutes of reading with you. Others might be good for a new book.



Plan on family meetings

Family meetings encourage communication and help your child learn key school and life skills like responsibility, negotiation and cooperation. For effective meetings:

- **Meet regularly**—every week or two.
- **Create an agenda.** Ask what ideas and issues family members want to discuss. Include time to talk about successes.
- **Brainstorm solutions** together. Make sure everyone has a chance to be heard. Parents should have the final say.
- **Write down decisions.** Evaluate how they are working at future meetings.

Helping Children Learn®

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P.O. Box 7474, Fairfax Station, VA 22039-7474

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10

GROWTH MINDSET

HOLIDAY FAMILY MOVIES

MOVIES & TV

- 1 Elliot the Littlest Reindeer (PG)
- 2 Frozen (PG)
- 3 Shalom Sesame: The Missing Menorah (NR)
- 4 Curious George: A Very Monkey Christmas (NR)
- 5 Trolls Holiday (PG)
- 6 KT and Me: A Kwanzaa Family Special (NR)
- 7 Rudolph the Red-Nosed Reindeer (G)
- 8 A Charlie Brown Christmas (NR)
- 9 Jingle Jangle: A Christmas Journey (PG)
- 10 Clifford's Puppy Days: The Big, Big Present/Hanukkah Plunder Blunder (NR)

You might also be interested in...

[Top 75 Growth Mindset Movies for Children](#)

Big Life Journal

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SUPPORTING YOUR CHILD'S BRAIN DEVELOPMENT

Your child is **NOT** a mini adult. You can't expect them to reason and act like a sensible adult. Their brain is simply not fully developed. That **IS** why reasoning and logical explanations often do **NOT** work with children.

BUT!

You can help them develop the right connections in their brain...
...so they **GROW** into a sensible, responsible, strong adult.



EXAMPLE 1:

◆ TEACH THEM HOW TO MAKE WELL-THOUGHT-OUT DECISIONS:

"I noticed you've been wrestling with this for a while. **Let me show you how to make a pro and con list.**"

EXAMPLE 2:

◆ TEACH THEM HOW TO DEVELOP POSITIVE RELATIONSHIPS:

"I know this isn't exactly what you wanted. Let's see if we can **find a way for both of us to get what we want.**"

EXAMPLE 3:

◆ TEACH THEM HOW TO PROCESS THEIR BIG EMOTIONS:

"I know that you're really upset right now. **It's okay to feel this way.** If you want to cry, I'm here."

EVERY DAY YOU CAN HELP YOUR CHILD DEVELOP
A HEALTHY BRAIN...

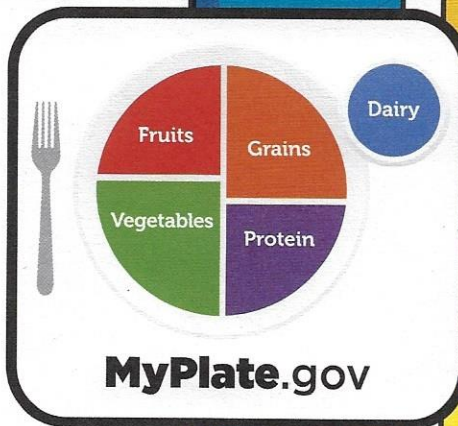
⇒ ...SO THEY GROW INTO A CONFIDENT, RESILIENT,
SENSIBLE ADULT. ⇒

STRONGER WITH SCHOOL MEALS!

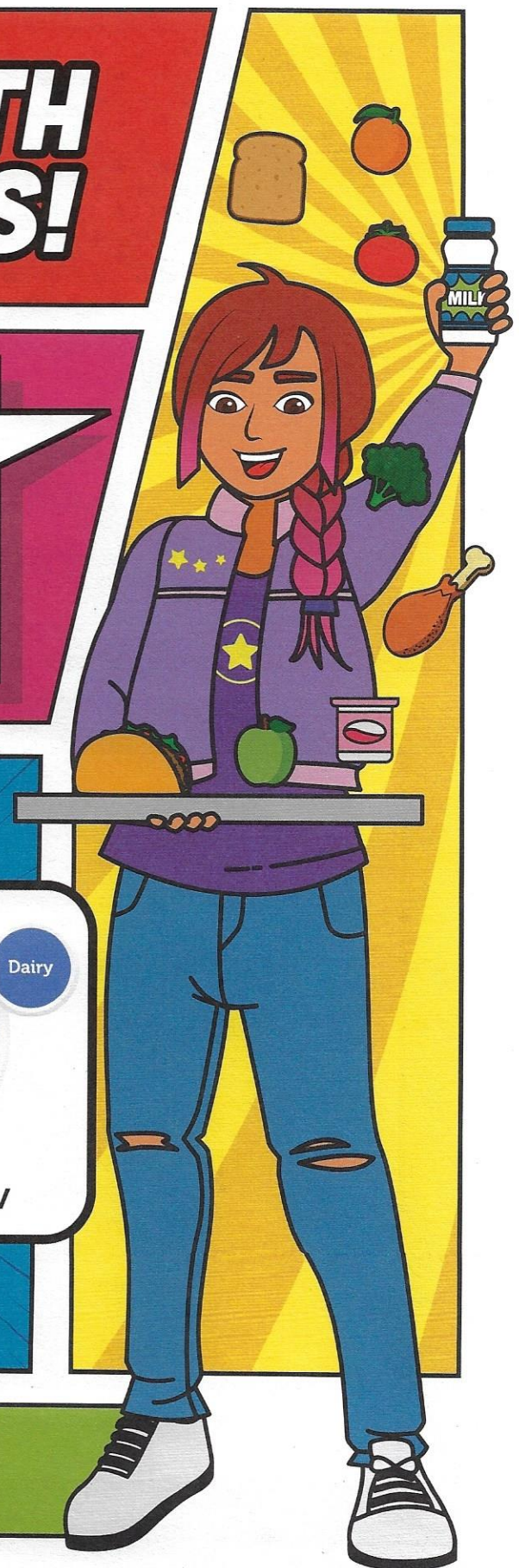
Making healthy food choices can help you:

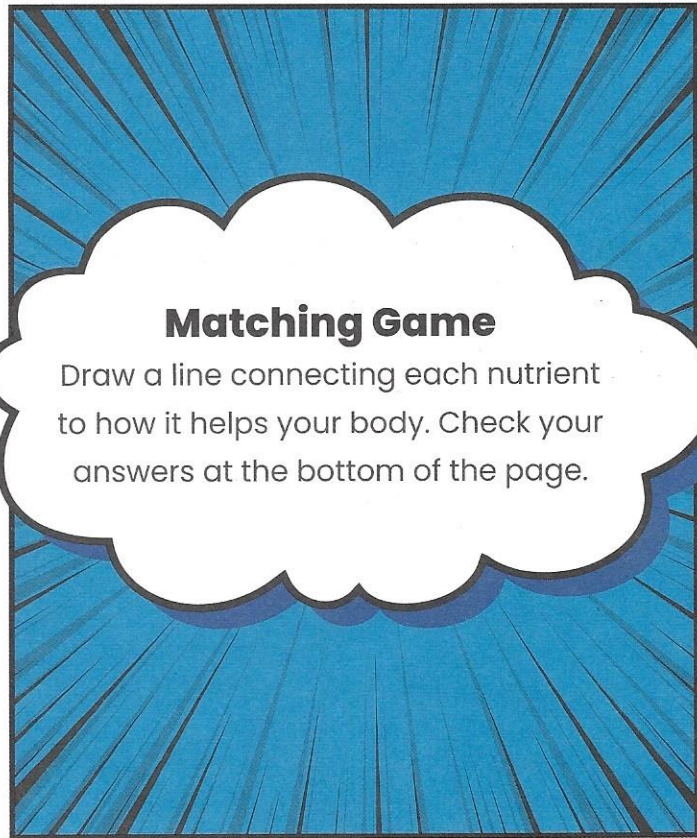
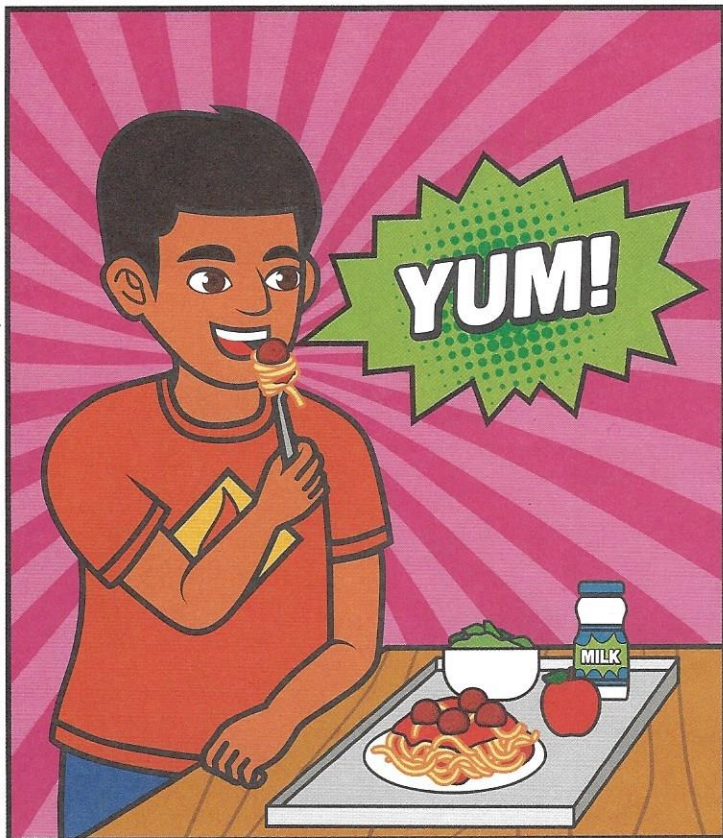
- Stay well
- Play hard
- Learn
- Grow strong

Choose foods from each of the five MyPlate food groups to get the nutrition you need.



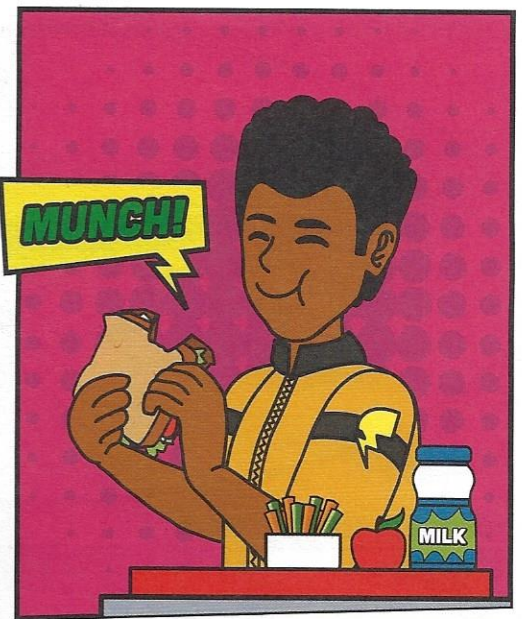
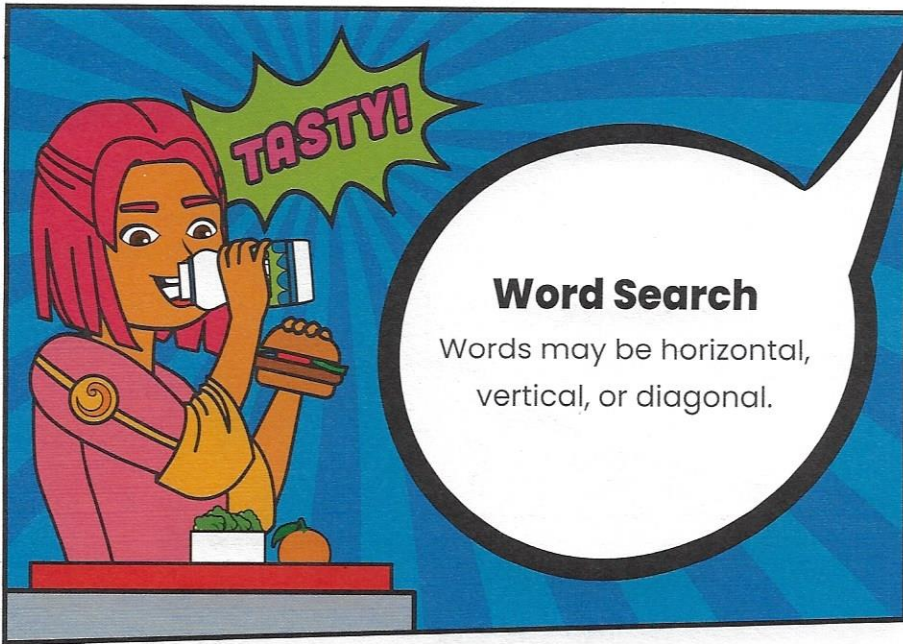
Don't forget to wash your hands before eating!





<u>Nutrient</u>	<u>Role</u>
Calcium	Wound Healing
Carbohydrate	Poop Regularly
Fiber	Muscle Builder
Iron	Heart Health
Omega-3 Fatty Acid	Healthy Blood
Potassium	Infection Fighter
Protein	Brain Energy
Vitamin A	Bone Strengthenener
Vitamin C	Blood Pressure Regulator

Answer Key: Calcium → Bone Strengthenener, Carbohydrate → Brain Energy, Fiber → Poop Regularly, Iron → Healthy Blood, Omega-3 Fatty Acid → Heart Health, Potassium → Blood Pressure Regulator, Protein → Muscle Builder, Vitamin A → Infection Fighter, Vitamin C → Wound Healing

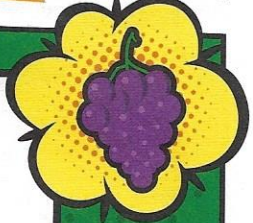


Word Search
 Words may be horizontal,
 vertical, or diagonal.

- Lunch
- Eaten
- Sandwich
- Strong
- Breakfast
- Yummy
- Burrito
- Together
- Snack
- Smoothie
- Full
- Friends

YUMMY!

STRONG!














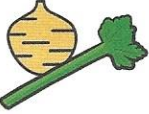













Z	P	B	U	R	R	I	T	O	Q	I	S	D	H	P	M	G
S	X	C	B	W	G	D	Y	U	M	M	Y	X	S	Q	F	F
A	Q	S	T	R	O	N	G	Z	N	B	Z	C	N	P	R	K
N	R	R	A	Y	E	C	Z	L	E	H	T	D	A	Q	I	C
D	W	C	K	Q	D	A	P	C	W	A	G	V	C	F	E	S
W	O	X	R	C	X	B	K	S	Q	G	T	Z	K	Z	N	V
I	P	V	M	G	N	P	Q	F	M	K	Y	E	A	S	D	M
C	Q	L	U	N	C	H	G	U	A	W	V	B	N	O	S	P
H	A	X	U	V	G	Q	T	Z	O	S	O	Q	I	X	T	F
R	P	S	M	O	O	T	H	I	E	V	T	P	F	U	L	L
D	W	X	B	P	Z	G	T	Z	W	S	D	K	Z	T	G	W
B	F	W	I	F	T	O	G	E	T	H	E	R	C	V	X	K



School Meal Bingo

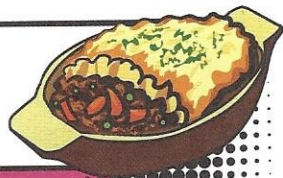
Mark a square each time you try a food at school lunch or breakfast. If you have an allergy or do not eat one of these foods for religious reasons, write in a different food for that square.

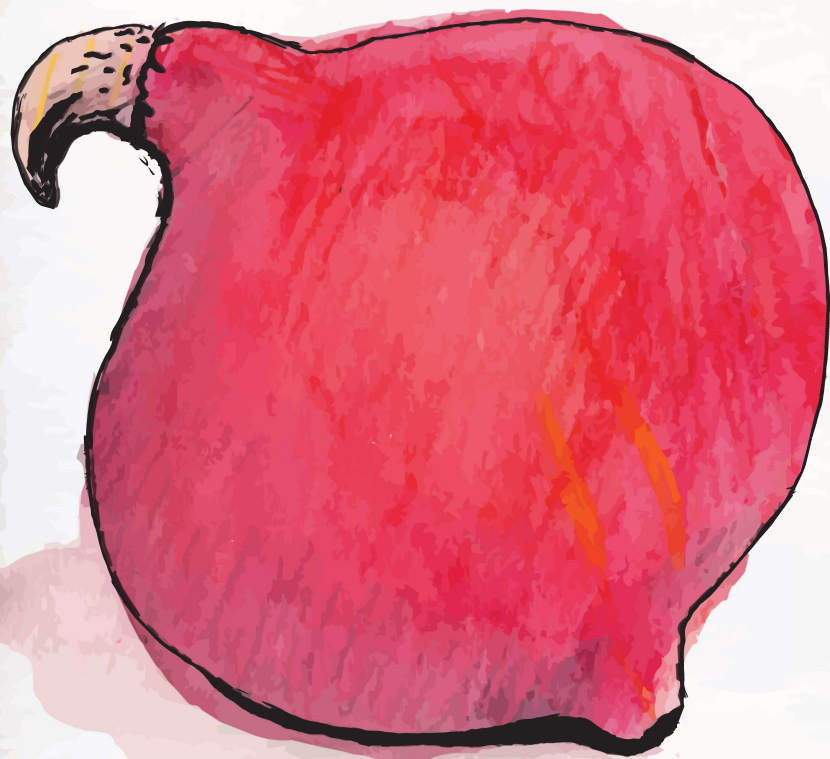


 Milk or Soy Milk	 Tortilla	 Egg	 Pear	 Sweet Potato
 Broccoli	 Tomato	 Apple	 Sunflower Seed / Soy Nut Butter	 Bread
 Fish	 Jicama or Celery	 Cheese	 Orange	 Cauliflower
 Beans	 Peaches	 Carrot	 White Potato	 Green Beans
 Noodles	 Hamburger or Veggie Burger	 Yogurt	 Salad	 Corn

Did you know?

Beef Shepard's Pie was the United States Department of Agriculture's most downloaded school meal recipe in School Year 2020-2021. What's your favorite?





SQUASH TRIVIA

Acorn squash provides 9 grams of fiber per cup, and more than what percentage of the recommended daily value of potassium?

- A. 35% B. 25% C. 15% D. 5%

ANSWER: B.

SQUASH TRIVIA

What three vegetables were known to some North American tribes as the "Three Sisters"?

- A. Winter Squash, Corn, and Beans
B. Winter Squash, Tomatoes, and Broccoli
C. Winter squash, Carrots, and Cabbage

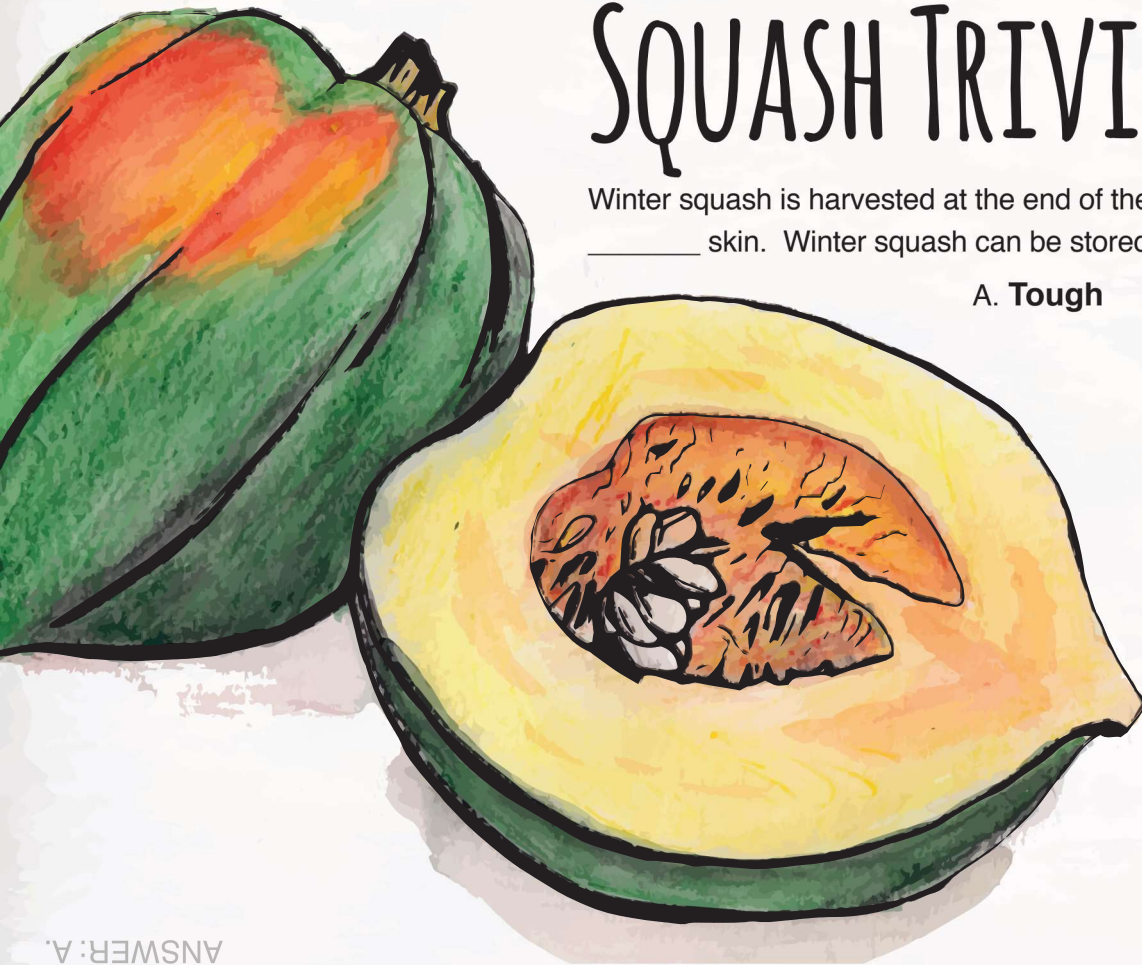


ANSWER: A.

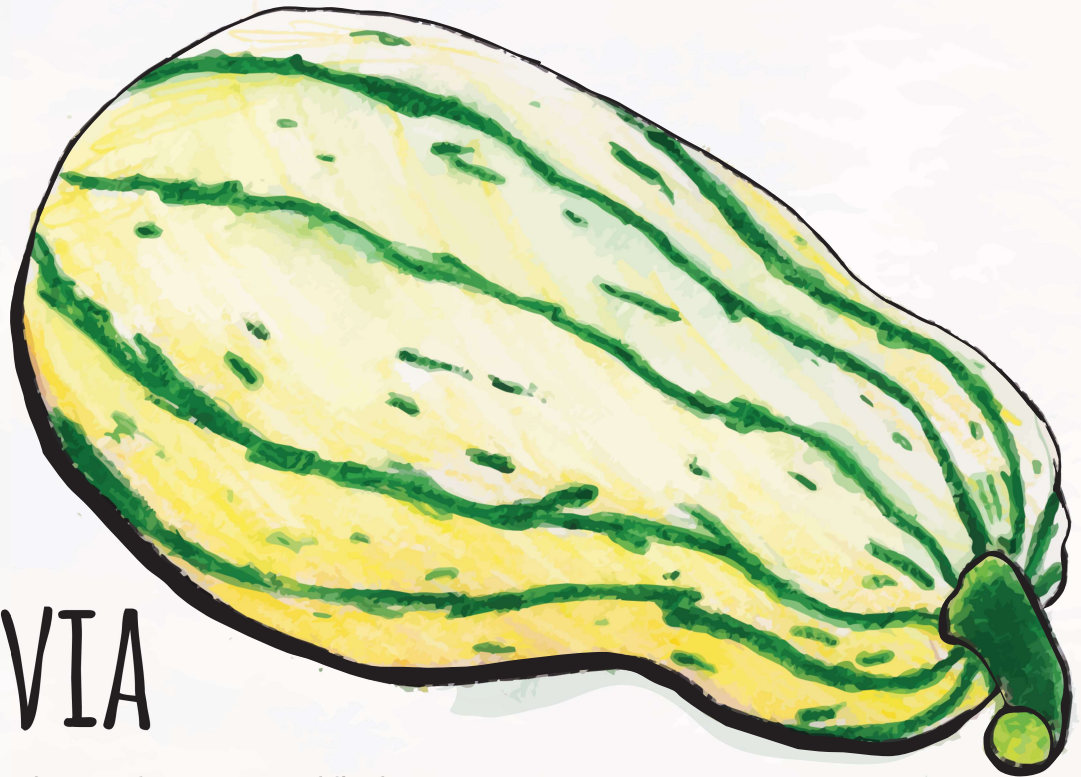
SQUASH TRIVIA

Winter squash is harvested at the end of the growing season and has _____ skin. Winter squash can be stored for use during the winter months.

A. **Tough** B. **Soft**



ANSWER: A.



SQUASH TRIVIA

Summer squash is harvested during the growing season, while the skin is _____ and the fruit is rather small.

A. **Tough** B. **Soft**

ANSWER: B.

Harvest of the Month

WINTER SQUASH

BUTTERNUT SQUASH



SPAGHETTI SQUASH



DID YOU KNOW -

Winter squash can be harvested in the fall and can last all winter if stored correctly.

ACORN SQUASH



DELICATA



HISTORICAL TIDBIT -



To some Native American tribes, corn, beans, and winter squash are known as the "Three Sisters."

These plants were grown together and were staples of many tribes in North America.



PUMPKIN



RED KURI



MINUTES OF THE OVERTON PUBLIC SCHOOL BOARD OF EDUCATION
REGULAR MEETING
November 14, 2022
7:30 p.m.

Board President called the meeting to order. Members Present:

Brennan
Lassen
Luther
Meier
Rudeen

Notification: The November 14, 2022 meeting of the Overton Public School Board of Education was posted at the Overton Public School, on the Overton Public School website, Beacon Observer, Overton Post Office, and the Security First Bank.

Open Meetings Information: To be in compliance with LB 898, The Nebraska Open Meetings Act, Board President informed the public that a copy of the Open Meetings Law is posted near the LMC check-out counter.

Administration Present: Mark Aten, Superintendent, Brian Fleischman, Principal

Guests Present: Aaron McCoy, Jordan Rush, and Maddie Paitz

Public Comments: No Public Comments

Reports: No Reports

Communications: No Communications

Other:

1. Board excused the absence of Jared Walahoski Motion carried 5-0-1. Voting Yes (5): Brennan, Lassen, Luther, Meier, and Rudeen. Voting No: (0). Absent (1) Walahoski.
2. Board President appointed board member Brennan to act as Secretary for the meeting.

Action Items:

1. **Agenda:** Moved by Luther, seconded by Rudeen to approve the agenda of the November 14, 2022 regular monthly board meeting as presented. Discussion: Discussion was limited as there were no changes made to the agenda. Motion carried 5-0-1. Voting Yes (5): Brennan, Lassen, Luther, Meier, and Rudeen. Voting No: (0). Absent (1) Walahoski.
2. **Minutes:** Moved by Lassen, seconded by Brennan to approve the minutes of the October 12, 2022 regular board minutes as presented. Discussion: Discussion was limited as there were no corrections made to the minutes. Motion carried 5-0-1. Voting Yes (5): Brennan, Lassen, Luther, Meier, and Rudeen. Voting No: (0). Absent (1) Walahoski.
3. **Claims:** Moved by Luther, seconded by Lassen to pay the November General Fund bill roster in the amount \$55,307.36. Discussion: Superintendent provided additional information on several of the bills. Motion carried 5-0-1. Voting Yes (5): Brennan, Lassen, Luther, Meier, and Rudeen. Voting No: (0). Absent (1) Walahoski.

4. Moved by Brennan, seconded by Rudeen to adjourn the meeting at 8:56 p.m. Discussion: Limited discussion as the board agreed it was time to adjourn. Motion carried 5-0-1. Voting Yes (5): Brennan, Lassen, Luther, Meier, and Rudeen. Voting No: (0). Absent (1) Walahoski.

Board Reports and Discussion Topics:

1. **Board Reports:**

- a. Transportation:
- b. Facilities and Grounds:
- c. Negotiations: Determine date and time for second meeting
- d. American Civics: Committee meeting held on November 14, 2022
- e. Interlocal: Family Center Update

2. **Discussion Topics:**

- a. December Board Meeting scheduled for Monday, December 12, 2022 beginning at 7:30 p.m. in the LMC.
- b. Board reviewed the following board policies:
 - i. 4040: Employment Terms for Classified Staff
 - ii. 4041: Staff Dress and Appearance
 - iii. 4042: Employee Social Security Numbers
 - iv. 4043: Professional Boundaries and Appropriate Relations Between Employees and Students
 - v. 4044: Political Activity by Staff Members
 - vi. 4045: Milk Expression
 - vii. 4046: Internet Searches Regarding Potential Employees'
 - viii. 4048: Assessment Administration and Security
 - ix. 4050: Overtime and Compensatory Time
 - x. 4051: Staff District Social Media use
 - xi. 4052: Job Reference to Prospective Employers

Administrative Reports:

Principal's Report:

- a. Calendar Update
- b. Enrollment Update
- c. 2023-2024 School Calendar Options
- d. Assessment Report

Superintendent's Report:

1. Enrollment Option Report
2. Option Enrollment -
 - Out:
 - a.
 - In
 - a.

Change of Status a.
3. Financial and Budget Update
4. Projects Update Including HVAC Unit Replacement and Commons Bathrooms Flooring and Compartments
5. Banking Information Including Interest Rates Renewals on District Funds
6. 2021-2022 School Audit
7. SBPC Program Update

8. CIP External Team Visit



December 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 NSCAS Winter-Growth Opens. GBBB vs. Arapahoe (Parents Night) 4:30/6/7:30PM.	2 BWR @ Hi-Line (Eustis) 10AM. GWR @ Southwest 1PM. GBBB @ Loomis 4:30/6/7:30PM.	3 AG to Ireland Craft show 9-1PM. FFA Winter Party.
4	5 Student Council mtg. @ lunch. Cheer 6PM.	6 WR (HS & JH) Tri @ Overton (Parents Night) (Elm Creek Southwest) 4:30PM GBB @ Gibbon 6/7:15PM.	7 FCA 7:30AM.	8 FKC JHWR @ SEM 10AM.	9 BWR @ Twin Loup (Sargent) 11AM. GBBB @ Axtell 4:30/6/7:30PM.	10 ACT Test Date @ Overton. GWR @ Sandhills Valley 10AM. GBBB vs. Southern Valley
11 Cheer 6PM.	12 Music Booster mtg. 5:30PM. FCCLA Holiday Party 6:30PM. School Board mtg. 7:30PM.	13 GWR @ Axtell Invite 11AM. GBBB @ Anselmo-Merna 4:30/6/7:30PM.	14 FCA 7:30AM. FFA District 8 LDE's @ Anselmo-Merna. KSB Digital Citizenship Presentation.	15 GWR @ Aurora Invite 4:30PM.	16 WR @ Ansley-Litchfield Quad 5PM. GBBB vs. Pleasanton 4:30/6/7:30PM.	17 WR @ Cambridge 10AM.
18	19 7-12 Winter Concert 7PM.	20 2:30 Dismissal. Semester Tests 1-3-5-7. K-6 Winter concert 7PM.	21 FCA 7:30AM. 2:30 Dismissal. Semester Tests 2-4-6-8. Last day of Q2/S1.	22 NO SCHOOL.	23 NO SCHOOL. NSAA Moritorium.	24 NSAA Moritorium.
25 Christmas Day. NSAA Moritorium.	26 NO SCHOOL. NSAA Moritorium.	27 NO SCHOOL. NSAA Moritorium.	28 NO SCHOOL.	29 NO SCHOOL. GBBB @ Ravenna Holiday Tournament 1/2:45/4:14/6:30PM	30 NO SCHOOL. GBBB @ Ravenna Holiday Tournament 1/2:45/4:15/6:30PM BWR @ Pleasanton 9AM.	31

December

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chicken Patty Sandwich Alternate				1 Breakfast Pizza Soup Bar & Cheesy Garlic Toast	2 Biscuits & Gravy Taco Burger	3
4 Corn Dog Alternate	5 Glazed Donut & Sausage Cabbage Pockets	6 CiniMini & Sausage French Toast & Scrambled Eggs	7 Pancakes & Omelets Chicken Nuggets & Mashed Potatoes	8 Breakfast Sandwich Lasagna	9 Cinnamon Roll & Ham Big Daddy's Pizza	10
11 Cheese Burger Alternate	12 Waffles & Combo Beef & Noodles	13 Oatmeal & Sausage Super Nachos	14 Egg, Sausage & Cheese Tornado	15 Breakfast on a Stick Crispitos	16 Donut Holes & Yogurt Hot Dog Bar	17
18 Pepperoni Pizza Alternate	19 Scrambled Eggs & Bagels	20 Breakfast Pizza Potato Soup & Grilled Cheese	21 Donut Twist & Combos	22 No School	23 No School	24
25 Merry Christmas!	26 No School	27 No School	28 No School	29 No School	30 No School	31